Learning Outcomes

Personal, Social & Emotional

- Develop confidence and independence in a new environment
- Follow Forest school routine and respond to the whistle signals
- Recognise the animal boundary flags and understand they must not go past them
- Develop cooperation and turn taking with peers
- Begin to manage their feelings

Language

- Develop language linked to Forest School such as leaves, tree, stick, freeze, boundary etc.
- Develop confidence in expressing ideas and asking questions

Physical

- Develop/continue to develop F.M.S when exploring and choosing materials and resources
- Develop/continue to develop G.M.S when explore forest school site, collecting materials to use etc.

Mathematical

- Begin to compare natural objects by size, shape, colour
- Begin to make simple patterns using leaves, stick, stones etc.

The Arts

- Explore different textures of natural materials
- Express ideas & feelings through creative outdoor play

World Around Us

- Develop awareness of nature by handling natural materials
- Develop awareness of safety
- Use their senses to investigate the world around them

Role of Practitioners

- Ensure all children are safe, supervised at all times
- Ensure all children understand the rules and are reminded of them throughout the session
- Practitioners reinforce the rules
- Encourage children to develop confidence, independence through appropriate risk and challenges
- Follow the children's interests and use observation to extend their learning through open ended questions and prompts
- Encourage children to talk about what they have discovered, noticed and experienced
- Ensure any incidents, accidents or concerns are dealt with correctly
- Stand back, observe, listen and step in when needed – facilitate children's learning rather than lead it

Forest School Plan

Month: October

Session 1 & 2: Welcome to Forest School

Session 3: Exploring our Forest

Resources

- Forest school bag
- First Aid Kit
- Whistle

Session 1 & 2: Welcome to Forest School

Main Focus – Safety when walking to Forest School & Forest School rules.

Duration: 30 – 45 minutes

Location: Forest school

Introduce the children to Forest School - we can explore, play and discover but we need to learn how to keep ourselves safe.
Show children animal boundaries
Explain animal boundaries show us were we can explore. We must never go past the boundaries.
Inside the animals is Forest school
Past the animals = STOP
Place boundaries out with the children
Introduce the whistle signals
1 whistle = stop your body, freeze like a tree & listen
2 whistles = stop what you are doing & come back to your teachers
Children take part in a game – jumping, walking, crawling etc. listen for the whistle.
Let children freely explore area 5 – 10 minutes
End of session ask children questions "What happens when you hear 1 / 2 whistles?"

Session 3: Exploring our Forest

Main Focus: Remembering our boundaries & whistle signals

Duration: 30 – 45 minutes

Location: Forest school

Revisit rules, boundaries etc.

Play whistle game

Forest Treasure Hunt
Ask the children can you find – leaf, stick, something orange etc.