



Northern Ireland Forest School Association

NIFSA Lesson Plan - Colours

23 June 2025

Planning	
Location	Secret Garden
Date	23/06/25
Class	Preschoolers - Kilmoody
Classroom Management	Whole class introduction at welcome time, then split group work with additional adults which will be spread around the outdoor classroom area.
Connected Learning/Prior Knowledge	National Insect Week 23-29 June 2025 Forest school rules and how we operate a session. Reminder about boundary signs. Discuss what we will find in the Secret Garden? What natural resources are there?
Health and Safety	Risk Assessment carried out & Daily Checks. Clothing, depending on weather. Taking care when collecting natural resources ie nettles. Wash hands thoroughly after session.
Learning Intention	Children will match by colour and be intentional about specific colours they are looking for.
Success Criteria	Children will be able to demonstrate their knowledge/what they have learnt at the end of the session about colours in the environment. Children will be able to collect natural materials to create their bracelet.
Resources	Colour wheels, clothes pegs, sellotape and scissors. Need Whistle, rucksack, boundary flags.
Differentiation/Target Groups	All inclusive – activities will be adapted to allow accessibility by all. Children will need to communicate with others to discuss and look for different colours on their colour wheel. 1 of the children will have 1:1 adult - divide groups equally so all groups have assistance of an adult.
Other	

Lesson Content	
On Arrival	Children will be reminded of the rules of Forest School. One whistle – freeze like a tree; two whistles come back to me. The boundary flags will be placed. 1. Explain what will happen during the session. 2. Break into four groups (1 adult per group) 3. Give out pegs and colour wheels per group.
Activity explained	1. Children will go in groups with colour wheels and pegs to find items in the environment that match the colours on the wheel.
Finishing	Bring children together to talk about what they have made. Children asked what coloured items they have found. Remember the importance of clearing up and leave no trace.

Evaluation/Review	
How did the group session go?	Children worked well in the four groups, having an adult with each helped to support the children who needed it. The children continue to respond to the whistle approach. Several children really embraced this activity and were very excited to show others the colours they had found.
Focus on individual pupils	Natural resources were plentiful because the grass had not been cut. One child with additional needs preferred to select the same natural resource each time. Perhaps the instruction needs broken down more for them.
What would you change for next time?	I will make the colour wheel more stable. I just laminated and with it being slightly windy and with the weight of the pegs it bent a little. Maybe have little carriers for each group to carry more pegs as well.

